

# Cambridge and District Riding Club

Articles of special interest:

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## Ramblings from the chair...

Have you bought your tickets for the Race Night yet? Do join us for a fun evening of horse, dog and pig racing on October 16<sup>th</sup> at Rampton village hall. Non horsey friends are welcome, and for those really wishing to get into the racing theme, put on your best hat, drink some Pimms and place your bets! Funds raised will go towards the teams entries, so if you have been to Hartpury, Aston or Lincoln, do support this venture. It's for your benefit!

CDRC were on great form at Hickstead again, winning the Riding Club Teams of Three show jumping. This time Judi got a sash as well as the riders for her organisation - Well done all.

The Lincoln championships gave a great weekend of competition in the sunshine this year. The senior Style jumping team were 2<sup>nd</sup> overall, the junior teams 7<sup>th</sup> and 9<sup>th</sup>, and Barry Meningen had an individual dressage second.

Many of you may be wondering about the fate of the Winter Dressage series. Unfortunately Milton are being very slow to commit to dates, so the series start has been inevitably delayed. We are still hopeful that it will go ahead later in the year.

Don't forget the AGM on November 13<sup>th</sup> at Rampton Village Hall.

Karen

## Race Night!

Come and have some fun at the Autumn social and race night.

Friday 16th October, at Rampton Village Hall.  
Arrive 7.45pm - under starters orders at 8pm!  
Tickets £10 - buffet included  
Licensed bar.

6 races including horses, trotters, dogs and even pigs!  
£1 bets for all races.

Special tri-cast race if you can guess the first 3 over the finishing line in the correct order you can win £100 !

FREE losers raffle including prizes of:

- XC schooling vouchers for 2 horses at Ely Eventing Centre
- 1/2 hour private lesson at Sedgeway Equestrian Centre
- Gift vouchers to spend at Equicentric
- Vouchers to spend at Fen Farm Supplies Witcham
- Booze and chocolates!

Ladies optional posh frocks and hats - special prize for the best turned out!  
Tables of 10 can be reserved

For tickets call:  
Sharon 01353 662098  
Karen 01353 741829

## C&DRC Ride on UK Chaser Course

Whether you want to socialise on horseback, enjoy a pleasure ride with friends, or school over the variety of jumps of all sizes in beautiful surroundings, please join us on Saturday 7<sup>th</sup> November at Elveden Estate, near Thetford, Norfolk.

Start at 10:00 am with unlimited time on the course (until darkness falls!) covering over 4 miles with more than 40 jumps, including water, ditches and various combinations, all on light free draining soil providing all year round use!

Refreshments can also be purchased in the Elveden Cafe providing a selection of local produce.

Cost - (reduced CDRC group rate saving you 25%!) - £15 per horse.

To book and for more details and directions contact Shirley Swanson 07793 755678

Don't forget the diary is updated every month on the CDRC website:

[www.canddrc.org.uk](http://www.canddrc.org.uk)

## Lincoln: A first timer's view

By Karen Froud

In my time on the CDRC committee I have heard much about the summer championships, so it was with much excitement that I set off on the Friday up the A1. I was travelling with my friend Anna, who had qualified in the Riding Test team. This proved to be a double bonus, as the owner of her horse Chieffie insisted that he travel in style and lent us her lorry for the weekend! Many thanks to Cutlacks of Ely as the lorry was very comfortable. So we loaded it up (actually stuffed it quite full. How much you need for 2 days away with 2 horses!) We arrived at lunchtime, along with Sharron and Rachel Dyke, and Judi and Nikki Shaw, so that we could do our allocated club helper roles by setting upon Friday afternoon. The horses were vaccination checked in (remarkably efficiently) and allocated to a box in the vast temporary stable village. The lorry went nearby in the rapidly expanding box, gazebo, tent and picnic area.

Once the horses had settled, we went to assist the building of the show jumping course. The showground is lovely. It is vast and flat with beautiful show jumping arenas each surrounded by a low hedge and with its own warm up section. The open jumping is in the main ring with a proper banked surround, and hoards of dressage arenas lay on a flat section beyond that. There was also a quad of tradestands including food places and the results tent. Judi had warned me that the area was large, and they very sensibly brought bikes to get around. We did not have space for these as well, but believe me we walked miles by the end of the weekend!

As the day cooled down we tacked up the horses and took them for a leg stretch around a free area inside the racecourse. At this point I received a warning phonecall from Polly, who was bringing up my three other team mates on Saturday morning – except at 6pm she was stuck in Germany with a delayed flight.... oh things could have gone very differently...

Luckily the flight made the UK just in time, and Caroline Mills (herself only just back from Belgium) stood in to share the driving so all the teams did manage to get there.

I was fortunate to be riding early, so after plaiting up, and a strength enhancing bacon roll cooked in our lorry, I was ready to go. It was great to see Stan and Yvonne Thorogood, Area 7 stalwarts, manning the style collecting ring so I had lots of support. I was delighted that Rose jumped a lovely clear round. As the day progressed Eleanor, Karen T and Polly also put in good rounds so much to our excitement the team finished second. Polly was 4<sup>th</sup> individually and I was 9<sup>th</sup>.

The day was kept busy watching and supporting our dressage squads. All were pleased with their tests (except mine which was awful! The mare told me at Wittering she did not want to qualify for the dressage, I should have listened!), but sadly the judges were generally not so impressed. Barry however scored a second in his arena on Caroline's Silver Spirit. Niki was our only true show-jumper, but sadly Henry knocked down a pole in a very uncharacteristic manner, so she did not make the jump-off.

The teams were:

Style:

Polly Taylor on Secret Passion

Karen Froud on Texas Rose II

Eleanor Taylor on Gulliver

Karen Tyrrell on Wulfstan JazzSinger.

Individual Novice Showjumping:

Niki Shaw on Earl Gray.

Novice Dressage:

Barry Meningen on Silver Spirit

Siobhan Pryke on Agropoint Kontra

Anna Cook on Oldwood Chieftain

Karen Tyrrell on WulfstanJazzSinger

Riding Test:

Eleanor Taylor on Gulliver

Karen Froud on TexasRose II

Anna Cook on Oldwood Chieftain

Polly Taylor on Secret Passion.

Individual Open Dressage:

Barry Meningen on News for You.

Commiserations go to Clare Elbrow who had to pull out at the last minute as her horse was injured, so Karen Tyrell and myself filled in the gaps at the 11<sup>th</sup> hour.

So having got the results we held on...and on...and on for the mounted prize-giving. The winners all got NAF logo rugs but we each got NAF vouchers and big rosettes.

I eventually got home just before midnight, but it had been a great day with a fantastic atmosphere. And I do want to go again..!

## AREA 7 SHOW JUMPING, SENIOR QUALIFIERS

July 12<sup>th</sup> 2009 - By Judi Shaw

The Sunday started as always very hectic, especially for the organisers. We had beautiful weather and lots of CDRC helpers, so we were looking forward to an enjoyable day. Due to larger than anticipated entries we had to open up another ring for the Style jumping. This unfortunately caused a major problem, due to juniors trying to do their Style jumping and also their Open show jumping at the same time. This always poses a problem when competitors are in both classes, even at Lincoln (the Championships) but everybody got to jump eventually and we didn't finish too late in the day.

The seniors had a good day with the Style team winning, beating the Aspley Guise team by 17 points. Polly Taylor on her Secret Passion was the individual winner with a very high score of 110pts. A new member, Christina Matthews-Brown riding her Master Lugana was 2<sup>nd</sup> with 105pts. The team now goes forward to the championships at Lincoln on 12th September. Our chairperson, Karen Froud riding Texas Rose also had a good score, as did Polly's daughter Eleanor riding Gulliver. Many congratulations to them and we wish them "Good Luck".

We had three Novice teams, a mixture of "newcomers" and "old hands". The course set was very jumpable and most horses just had the odd pole down. We weren't lucky enough to win but we had two riders go through to the 3<sup>rd</sup> jump off. Karen Tyrrell riding her Wulfstan Jazz Singer had jumped two lovely clear

rounds and went into the jump off looking for another, unfortunately they finished with four faults and were just out of the placings. However we did have a winner from Cambridge who qualified for Lincoln. Nicola Shaw and her little grey, Earl Grey (Henry) did it again, jumping a very fast clear round. So we are off to Lincoln again this year.

Our Intermediate team came a very creditable 2<sup>nd</sup> out of ten teams. I believe the course was set fairly and didn't pose too many problems. Well done to them and also to Kerry who rode as an individual.

#### NOVICE TEAMS:

##### *CHURCHILL*

Karen Tyrrell	Wulfstan Jazz Singer
Christina Matthews-Brown	Master Lugana
Dan Peacock	Spot On VII

##### *TRINITY*

Emma Christmas	Evensong
Karen Froud	Texas Rose
Sara Murfitt	Machiavellian
Becky Davis	Poetic Pride

##### *ST JOHNS*

Eleanor Taylor	Gulliver
Dan Peacock	Madame Butterfly
Judi Shaw	Disney Magic
Nicola Shaw	Earl Grey

#### INTERMEDIATE TEAM:

Olivia Sirett	Louis
Christina Matthews- Brown	Milstream In The Pink
Polly Taylor	Secret Passion
Hannah Farrant	Fallon

#### Individual Rider

Kerry Simson	Fair Opposition
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My sincere thanks go to everybody who helped on the Saturday and also on the Sunday. Without you we would not be able to put these events on and increase the club funds, this then helps everyone by keeping the subs down!!! A huge "THANK YOU"

## Dressage to Music

For those of you who noticed the omission from the dressage qualifier report in July, Cambridge did indeed send a squad for music to Wittering. This was small but successful. Tanya Bramley and Listopart won a competitive Novice section. Karen Froud was 2<sup>nd</sup> in the Elementary and Jo Lawrence and Eleanor Taylor, with matching bays Clever Trevor & Gulliver, performed a delightful winning pairs routine. Tanya, Jo and Eleanor will all be heading to Addington on October 3<sup>rd</sup> and 4<sup>th</sup> for the finals. We wish them the best of luck.

## A Junior's View

Report on Area 7 Junior Novice Horse Trials Qualifier  
By Sophie Howse

As we woke up at 5 o'clock and left home without having had breakfast, I was starving! As we arrived at Keysoe, we still had to walk the whole way around the cross country course, which was a really long way. When I was doing my dressage test I could not wait for the jumping. I got a clear show jumping and cross country on Whitney, who was probably the smallest pony there, being only 12.2hh, so I ended the day with a big smile.

The final placings were 1<sup>st</sup> Cambridge A, 2<sup>nd</sup> Cambridge B and 3<sup>rd</sup> Cambridge C, so CDRC really had it for the day. The day was really long but worth it. I would also like to say thanks to Sharron and Rachel for being such a help to me.

Follow up to Sophie's report - the juniors went to the finals, although the venue changed at the last minute to Aston le Walls. All completed but no winners this time. Well done to all the team members and all their supporters.

## Wanted on loan

Wanted on loan - 13.2 pony for 11 year old boy for pony club rallies & camp 2010, showjumping teams, hunting, hacking & hunter trials. Preferably one that enjoys jumping. Age & looks immaterial. Can offer knowledgeable caring home with arena & all year round grazing. Farrier on hand so plenty of attention will be given to feet! Contact Kerry Simson 07833 690812

## CDRC AGM

Friday November 13<sup>th</sup>, Rampton Village Hall, CB24 8QA, 7.30pm.

After the formal meeting we will show pictures and videos of the year's events, hold a tabletop sale and have a chance to chat.

Please bring a plate of food, and any pictures or videos you would like to show. The tabletop sale is for tack or horsey equipment of any sort. 10% of sale price to go to CDRC. Please mark prices on.

Could you contribute to the CDRC committee? It's re-election time, and we welcome anyone who would like to organise training, social outings, or other functions. Do contact Karen or Nettie if you are interested.

Rachel Keaveney has retired from the treasurer's role as of September. Shirley Swanson has kindly agreed to take over.

Your opinion does count: what are your views on:

1. Summer training
2. Investing in some new plastic showjumps
3. A voucher system for those that help at our shows

Also it is award time. If you feel someone should be nominated for achievement or input for the club, let Rebecca Seymour know. If you have a cup from last year, please contact Nettie about returning it, thank you.

## CAMBRIDGE RIDING CLUB PRE-SEASON TRAINING CAMP

26-28th Feb 2010 (Fri pm-Sun pm)

WARESLEY PARK, WARESLEY, CAMBS

I have been in contact with Waresley Park and provisionally booked their facilities for Friday-Sunday 26-28 Feb 2010 for those of you who fancy a bit of a jolly & want to do some pre-season training for you & your horse.

We can stable & accommodate approx 15 horses & riders on site in self-contained flats & rooms with a communal area for us to use (much more civilised than my lorry in winter!) & it is hoped most people will stay on site. The cost will be reduced by 50 pounds for those sleeping in lorries. Unfortunately, no dogs are allowed on site & will have to stay at home. Facilities at Waresley include an indoor school, 2 outdoor arenas, XC course for all levels & gallops so plenty to keep us all occupied.

### Provisional Timetable

Arrive Friday 1pm & sort out stabling & accommodation

Friday Ride 2-4pm bed down horses 5-6pm Talk/discussion & video on safety & body position etc. Finish horses & change etc Dinner & socialising 7pm-

Saturday Ride 10-12 Lunch & Gin & tonics 12.30-2pm & ride again 2-4pm

4-6pm snooze & relaxation time 6pm set up seating in indoor arena

6.30 Dressage for Eventers Masterclass 8pm pre-dinner aperitifs then dinner & more socialising hopefully til dawn!

Sunday Ride 11am -1pm (or for as long as hangover will allow) 1-2pm Lunch & camp awards (Camp Cup) Depart 3pm onwards

There will be 4 ridden sessions over the weekend which will include flatwork, showjumping, arena XC techniques & weather permitting the opportunity to use the XC course & gallops. I have approached instructors Nat Dixon & Owen Moore who will hopefully be available (if they are not off sunning themselves!) & will possibly be looking for one other instructor depending on numbers. If you hope to come & have any suggestions for the 3rd instructor please let me know.

I would suggest each group sticks with their own instructor for the whole weekend as both Nat & Owen teach all 3 phases & this will give them the chance to assess you & your horse & work out the best way to help you improve over the weekend. However, similar courses have had 4 separate sessions with a different specialised (big name) instructor for each session. Please let me know your thoughts on this on the booking form, by email or at the AGM. We will also be looking at the riders safety in the saddle, lower leg position, reacting to situations & how we get out of trouble, possibly with the help of the BE coaching development & new (REACT) team.

All levels of horse & rider will be welcome (but probably more suited to those aiming to leave the ground in some shape or form) 16yrs & over (due to the anticipated partying & excessive alcohol consumption!)

The plan is to have 3 groups of max 5 riders:

Group 1 Young horses & novice/nervous riders instructor tbc

Group 2 Intro 90cm/Pre Novice 100cm level Nat Dixon

Group 3 Novice/Intermediate for the more advanced horse & rider combinations with Owen Moore

Approximate cost £250 (tbc) including tuition, hire of facilities, stabling, bedding & your accommodation.

Sharon Macleod may act as camp mum & possibly organise meals or take-aways if we are nice to her (red wine goes down well) or good pub in the village.

Please let me know by 1st December if you are interested in attending and complete and return the form along with a cheque for £50 as a deposit payable to CDRC (spaces limited so first come first come first served).

Any queries or more info required contact Kerry Simson  
kerrysimson@btinternet.com or 07833 690812

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## CDRC CAMP WARESLEY PARK 26-28TH Feb 2010 Booking form

Name:

Address:

Mobile No:

Email address:

Horses name:

level:

Do you require stabling for horse?

Any special requests (shavings included):

Do you require accomodation for you?

If not will you be sleeping in lorry or returning home or other (no questions asked!!!)

Any special requests or suggestions?

**Please include deposit of £50 payable CDRC and send to:  
Kerry Simson 21 Mill Green Warboys Huntingdon Cambs PE28 2SA**

## Novice Jumping with Jo Lawrence Highly Recommended!

By Rebecca Jackson

Have you ever wished that you could be brave enough to jump a small course of fences? Have you got a young or inexperienced horse which you'd like to jump but you don't know where to start? Have you been to 'Novice' jumping lessons before and felt ill when they started with 2'6"? Do you want to have fun with your horse? If the answer to any of these questions is yes, then Jumping with Jo could well be for you!

Anybody who knows me and my horse Duke will know that Show jumping is not within our natural comfort zone! Give me a flat arena and a set of white boards and I'm happy, and Duke has the natural jumping flair and ability of your average house brick! Although I do jump him over little individual fences at home, the thought of a course particularly with anyone watching us makes me feel sick! So it was with some trepidation that I let myself be talked into attending the first Jo Lawrence clinic - 'It will do him good' I was told!

The day came Duke and I went with Vic Hayes and her lovely Dun horse Bruno, with wobbly legs and sweaty palms the lesson started - and it was excellent fun! The groups are kept small (3 or 4) and you do only as much as you feel happy to do. There was a real mix of people, from the nervous to the inexperienced, those with young horses, old horses, ponies and tall ones too, young girls and older ones and everyone was really friendly. We started by warming up, and then just trotting around a full course of jumps, through the wings, but with no poles in place. It sounds silly but you'd be amazed how good it is to practice the lines and turns without worrying about actually leaving the ground! Then a single pole on the ground was added to each 'jump' and again we trotted around the course. We were encouraged to keep forward and straight and not to worry if our horses trotted over them or hopped over - we were just to keep our rhythm and keep going. The next step was to canter around exactly the same course, over the poles again keeping forward and in a rhythm. Some of the horses cantered over the poles as if they weren't there, some like Duke did a small jump over them and some like our friend Mags horse jumped them as if they were 6ft uprights! But with Jo's encouragement and enthusiasm everybody gradually settled and we even managed a few smiles! At this point on the first lesson I finished with Duke as that was enough for us, but Vic and some of the other riders in both groups, carried on to the final stage which was tiny, bottom hole cross poles. We all went home feeling fab!

I didn't manage to get Duke to the next couple of lessons, but I went along and watched and it was brilliant to see everyone progress really well. The next time Duke and I went I was really excited instead of worried! The lesson started the same way and at the end we did manage some of the cross poles, it was really great. He did jump them much bigger than he needed to, but I felt in balance and landed feeling like a member of the British team! Duke really enjoyed himself and it was lovely to know that everybody watching was

willing you on and was genuinely pleased when you got round! Mags was the star of the day, she has been to all four of the lessons so far and has progressed from squeaking over a pole on the ground to soaring over real jumps of a couple of feet – she's even talking about booking a cross country lesson next – what a transformation!

I can honestly recommend these sessions with Jo, you will feel confident, your horse will be happy and you will go home with a real sense of achievement – not bad for £16.50 eh!

Personally I am looking forward to bringing my new baby horse, Colin, to the next session!!

## Rider Profile

Jo Lawrence (BHSAI) - 41 years young!! !

Don't drink, don't smoke, but I am addicted to horses.

I was born in Lewisham, London into a non horsey family, but from a very young age my parents realised I was animal mad, especially horses and dogs. We moved to Kent and that was it, ponies took over our lives. I used to go everywhere at high speed mostly bareback, jumping anything that stayed still! I think this helped in later life as I have backed all my own horses and many for other people and I think the early balance I gained stayed with me. I did all the normal horsey things as a child but loved show jumping and competed BSJA and WHP classes at all the big shows including Royal Windsor and the Royal International. My first grown up horse job was in a racing yard but I decided this was not for me and went off to Ann Berry at Limes Farm in Folkestone to do my stage III and PTT. I moved to East Sussex when I met my husband Richard and during this time I went to work at a private showing yard with M & M ponies, Show Hunter ponies and workers. During my seven years with them I learnt to ride side saddle and competed at the National side saddle champs. We were lucky enough to win at all the major shows and in my final year with them we won at HOYS Wembley.

I taught for many years in Sussex but when we moved to Little Downham decided to have a change. I have been working at Equicentric for nearly 4 years.

### My horses:

*Gisyerand* (Andy) 16.1 11 YTs old % TB who thinks he is famous and would like to retire from eventing and become a pin up. He is on the front cover of Carolyn Hendersons book "Getting Horses Fit" and there is a chapter in the book. He is also pictured in the Horse and Hound Bible and seems to get his picture in well known magazines on numerous occasions!

We actually mainly compete at BE horse trials and have been placed up to Intermediate novice level. He was second at Chepstow Horse Trials in the OPN 3DE. We also have a go at British Dressage and have qualified for the Winters at Novice and Novice music this year. Andy also stood in last minute and represented the riding club at the showjumping champs with the Open teams in 2007 jumping a **clear round!!**

*Clever Trevor* (Asbo) 15.2hh TB Y4 Welsh D. I bred Trevor myself from my horse of a lifetime Bobby. He is by the late stallion Loch Pearl, and has the most amazing temperament. He is currently competing locally at RC dressage, in eventer trials and hunter trials. I am hoping to event him.

Last but not least - *Bobby* (Trevor's Mummy) 15hh Welsh D x TB 25 years old. I have had Bobby since a baby, she was my first horse after coming off ponies. I backed and produced her myself. We qualified for the Burghley young event horse final and did go on and event. I also did a bit of everything with her including Intermediate workers. She spent a couple of her teenage years prior to having two foals with Gill and Barry Meningen getting Barry eventing, he also won at the BSPS champs with her.

Jo Lawrence - Lessons designed for members with young horses or for members who only want to jump *small* fences (see earlier report).

## EQUINE MASSAGE

Oonah has been working on my horse Toby (along with Alan Slater McTimoney Chiropractor) as Toby has some problems with tension in the poll area & the veterbrae/muscles in his neck & also his shoulders. Toby always tries so hard (sometimes too hard) & loves going out to parties but this enthusiasm & excitement results in tension & he curls up & tucking his chin into his chest which then causes the problems so I spend my whole time encouraging him to take the rein down & relax. He needs regular work on his poll to avoid him becoming sore (as he soon lets you know with a nip) which he when he's competing regularly. Toby loves a massage & when I've ridden him after his Mctimoney re-alignment & massage he seems more supple & swings through his back taking a longer stride & appears to come to the bridle quicker which is fab as I'm not so exhausted.

Kerry Simson

Oonagh Bannister BSc (Hons), EBW

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